

what is claimed is: -33-

CLAIMS

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1. A composition for preventing or treating type I allergy and diseases associated with type I allergy, comprising kaempferol-3-glucoside as an active ingredient.

2. The composition according to claim 1, wherein the composition is a food composition for preventing type I allergy and diseases associated with type I allergy.

3. The composition according to claim 1, wherein the composition is a pharmaceutical composition for preventing or treating type I allergy and diseases associated with type I allergy.

4. The composition according to claim 1, wherein the composition is an external preparation for skin for preventing or treating type I allergy and diseases associated with type I allergy.

5. The composition according to claim 1, wherein the diseases associated with type I allergy are atopic diseases.

6. The composition according to claim 1, wherein

the disease associated with type I allergy is pollinosis.

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7. A method for preventing or treating type I allergy and diseases associated with type I allergy by
5 ingesting or administering an effective amount of kaempferol-3-glucoside.

8. The method according to claim 7, wherein the diseases associated with type I allergy are atopic
10 diseases.

9. The method according to claim 7, wherein the disease associated with type I allergy is pollinosis.

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